

RESIDENCE INN

BY MARRIOTT
ALEXANDRIA, VA

Julia Phillips **Construction Management**

Presentation Outline

- ▣ Project Overview
- ▣ Analysis 1: Structural Breadth
- ▣ Analysis 2: Controls Breadth
- ▣ Analysis 3: Greywater Breadth
- ▣ Critical Industry Research: "Greening" of Hotels
- ▣ Conclusions

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Project Overview

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

ANALYSIS 2: CONTROLS

ANALYSIS 3: GREYWATER

CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION



- ▣ Size: 15 Stories, 127,000 SF w/ 3 Levels Underground Parking
- ▣ Construction Cost: \$33.5 Million
- ▣ Schedule: March 2007 – August 2008

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Project Team

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CONCLUSION

Owner



Tenant



Architect



Construction Manager



Structural Engineer



Electrical Engineer




Mechanical Engineer



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Delivery Method

- ▣ CM @ Risk w/ GMP → Traditional Design – Bid – Build
- ▣ MEP → Design – Build



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Building Systems

- ▣ Architecture
 - ▣ Off-set exterior edge
 - ▣ Punch-out windows
 - ▣ Brick and pre-cast façade with CMU back up
 - ▣ "Column of Light"
 - ▣ 20 LEED points




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Building Systems

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Structural

- 3' Mat slab - Foundation
- 8" CIP slab with drop panels - Garage
- 7.5" post-tensioned floor slabs - Tower



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Site Conditions

PROJECT OVERVIEW

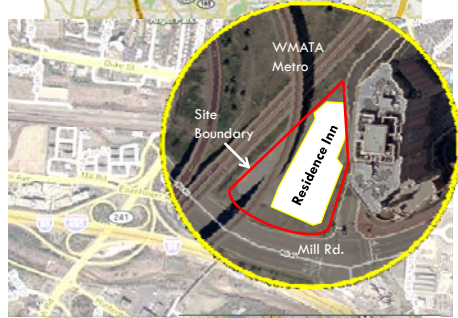
ANALYSIS 1: STRUCTURAL RE-DESIGN

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CONCLUSION



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Analysis 1: Structural Re-Design of Underground Garage



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Re-Design of Underground Garage

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ANALYSIS 1: STRUCTURAL RE-DESIGN

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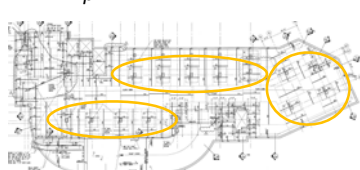
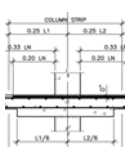
ANALYSIS 3: GREYWATER

CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Background

- 8" slab with 5.5" drop panels = 13.5"
- Cure to full 28 day strength
- Unexpected Water Issues

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Re-Design of Underground Garage

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CONCLUSION

Goal

- Decrease floor depth, minimize materials, accelerate schedule
- Utilize Flat Plate OR Filigree Slab and Beam System
- Compare Original, Flat Plate, Filigree
 - Lbs. / SF of Steel
 - Total steel tonnage
 - Steel Cost
 - CY of Concrete
 - Depth of slab, beam, and drop panel
 - Concrete Cost
 - Total formwork SF
 - Formwork Cost
 - Total Duration

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Flat Plate Design

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

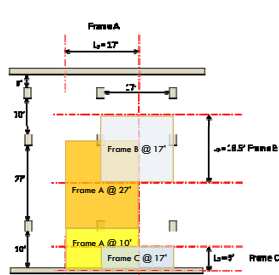
ANALYSIS 2: CONTROLS

ANALYSIS 3: GREYWATER

CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

- Eliminate Drop Panels by Direct Design Method
- $h = 10$ in. $d = 8.50$ in.
- * Assume Columns are In Line
- * Assume 10 Column Lines
- * Assume All Columns are 18" x 30"
- * Frame C is Doubled



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Flat Plate Design

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Results

Description	Column Strip			Middle Strip		
	M ₁₋₂	M ₂₋₁	M ₁₋₁	M ₁₋₂	M ₂₋₁	M ₁₋₁
Frame A @ 10'			(6) #6	(10) #6		(10) #4
Frame A @ 27'	(6) #6	(6) #6	(6) #6	(6) #5	(10) #4	(10) #4
Frame B @ 17'			(5) #6	(5) #6		(13) #4
Frame C @ 17'			(2) #4	(3) #4		(5) #4

Analysis Description	Re-Designed CP Slab without Drop Panels
Steel (TONS)	42.10
Steel (lbs./SF)	1.92
Concrete (CY)	1361.11
Concrete Drop/Beam (in.)	0
Concrete Slab (in.)	10

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Filigree Slab & Beam Design

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Analysis Description	Filigree Slab and Beam System
Steel (TONS)	48.00
Steel (lbs./SF)	2.25
Concrete (CY)	816.67
Concrete Drop/Beam (in.)	13.5
Concrete Slab (in.)	6

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System Comparison

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Analysis Description	Existing CP Slab with Drop Panels	Re-Designed CP Slab without Drop Panels	Filigree Slab and Beam System
Savings Analysis			
Steel (TONS)	n/a	19.90	13.99
Steel (lbs./SF)	n/a	0.90	0.56
Steel Cost	n/a	\$27,952.49	\$19,656.81
Concrete (CY)	n/a	-14.53	\$29.92
Concrete Cost	n/a	\$6,367.53	\$23,262.48
Formwork (SF)	n/a	1907.95	1907.95
Formwork Cost	n/a	\$10,493.74	\$10,468.44
Slab Duration (Days)	n/a	17	23
Total Cost Savings	n/a	\$32,078.70	\$362,387.72
Location Factor Adjustment	0.94	0.94	0.94
Adjusted Total Cost Savings	n/a	\$30,153.98	\$340,644.45

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Schedule Reduction

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CONCLUSION

System	Price/Unit	Units	Schedule	Time	Revenue
10" CP	\$180	147	27 Days	42.48 Nights	\$26,730.00
Filigree	\$180	147	36 Days	45 Nights	\$26,730.00

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Conclusion & Recommendation

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CONCLUSION

- Filigree slab and beam system is the recommended system.
 - Smaller overall depth which is key in designing clearance heights and piping and plumbing work.
 - Construction is 33 days faster which enables an early opening.
 - Saves the owner \$340,644.45 in construction cost.
 - Add additional revenue of \$1.2 million within the first 45 nights.

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Analysis 2: Mechanical Controls

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

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Mechanical Controls

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Background

- WMATA metro tracks create 102 dB noise level.
- Half of the noise is blocked by the façade. The FCU's create white noise to help guests sleep at night.
 - Original System
 - Fan Coil Units running 24 / 7 to block out noise.
 - INNCOM System
 - Highly intelligent utilizes door switches, temperature and occupancy sensors.
 - Activated when a guest checks in at the front desk, otherwise the systems in unoccupied rooms are off.
 - Runs at a low fan speed throughout the night to mask noise.

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Mechanical Controls

PROJECT OVERVIEW

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Goal

- Reduce energy consumption
- Provide an intermediate system
- Compare original system, INNCOM system, and Networked system
 - Total kWh's used per year
 - Total Cost per year
 - Unit Cost

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Energy Analysis

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

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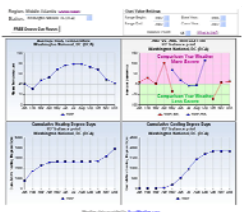
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CONCLUSION

Annual weather for Washington D.C. in 2007.

68% heating and 32% cooling annually.



System	Conditioning	Duration (hrs.)
Original	Heating	16.32
	Cooling	7.68
Networked	Heating*	9.96
	Cooling*	4.69

81% Occupancy rate
7:30am commute
5:00pm dinner

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Energy Analysis

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CONCLUSION

Total kWh =	1,765,059.67
Total Cost =	\$5,764.27
Original	
Total kWh =	1,068,828.11
Total Cost =	\$3,451.33
Networked DNT-T103	

- Networked Thermostat Delta DNT-T103
 - Controls all FCU's from a central computer.
 - Provide user control during the day.
 - "Over-ride" from 10:00pm to 7:00am



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Comparison & Conclusion

PROJECT OVERVIEW

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CONCLUSION

Controls System Comparison			
System Type	Original	Networked	INNCOM
Price / Unit	\$30.00	\$38.00	\$200.00
Total T-stat Cost	\$5,670.00	\$18,522.00	\$37,800.00
Installation	\$32,230.00	\$50,000.00	\$50,000.00
Sensors, etc.	n/a	\$19,350.00	\$96,550.00
Total System Cost	\$37,900.00	\$87,872.00	\$184,350.00
Unit Cost	\$200.53	\$464.93	\$975.40

- Delta DNT-T103 is Recommended
 - \$49,972.00 More than Original
 - \$96,478.00 Less than INNCOM
 - Saves:
 - 696,231.56 kWh = 40% Energy annually
 - \$2,312.94 Energy Cost Annually

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Analysis 3: Constructed Wetlands Greywater Treatment System



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Constructed Wetlands Greywater

PROJECT OVERVIEW

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

- **Background**
 - Hotels generate greywater: 30 Gallons/day/person
 - No water recycling system in place.
- **Goal**
 - Institute Constructed Wetlands Greywater System
 - Use shower water to flush toilets
 - Reduce water consumption



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Constructed Wetlands Analysis

PROJECT OVERVIEW

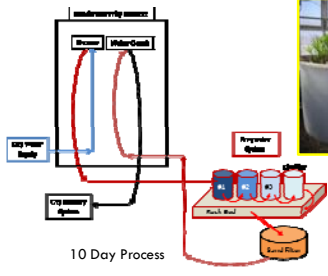

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CONCLUSION

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Constructed Wetlands Analysis

PROJECT OVERVIEW

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

- Occupancy rate of 81% → 203 people.
- 5,075 gal supply > 974.4 gal demand
 - Surplus of 4,100 gallons a day.
- Use 1/3 of supply, 83 people → Toilets and Fountain
 - 2,075 gal supply = 974.4 gal demand + 1100 gal fountain



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Constructed Wetlands Analysis

PROJECT OVERVIEW

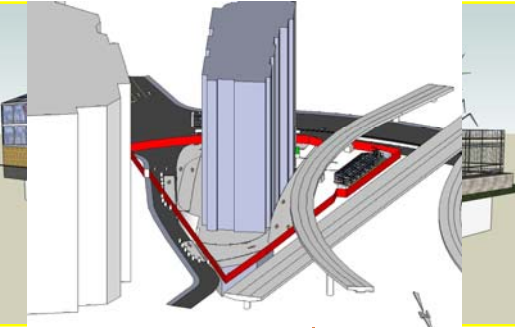
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CONCLUSION



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System Review

PROJECT OVERVIEW

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Sanitary Riser Length = 46 LF for 4" pipe	24LF/man-day
Total Sanitary Riser Length = 506 LF for 4" pipe	
Total Sanitary Riser Cost = \$3,363.13	
Redirected Horizontal Piping = 130.00 LF for 4" pipe	18LF/man-day
Horizontal Piping Cost = \$864.05	
Total Greywater System Cost = \$68,298.09	
Add 30% for Shipping and Customization of Tanks	
Total Greywater System Cost = \$88,787.52	
500 Gallon Storage Tank = \$700.00	
Total Open Top Tank Cost = \$27,900.00	
6,800 Gallon Basin = \$5,500.00	2 Basins needed, customized for filters and fountain.
Total Basin Cost = \$16,500.00	
Pumps and Fountain Head Cost = \$470.00	
3" to 5" VA 1,2,3,4 Stone = \$25.00 per TON	79 Tons needed
Pea Gravel, Stone #78 = \$380.00 per TON	35.84 Tons needed
Total Rock Bed Cost = \$3,050.20	

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Conclusion & Recommendation

PROJECT OVERVIEW

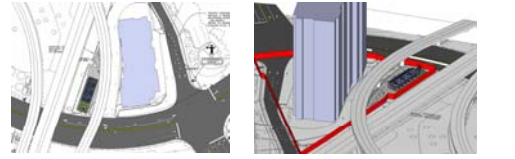
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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION



- Costs \$88,787.52
- Adds to schedule
- Saves:
 - 757,375 gallons = 60% Water annually
 - \$518.80 Water costs annually

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Critical Industry Research: "Greening" of Hotels

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 CONCLUSION

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"Greening" of Hotels



PROJECT OVERVIEW
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 CONCLUSION

- **Background**
 - There is an unfortunate misconception in this industry that adding green value or achieving LEED points simply costs too much.
 - Alexandria, VA requires new construction to have at least 20 LEED points.
 - Marriott firmly believes in adding green or LEED credits to many of their new hotels and resorts.

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"Greening" of Hotels

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 CONCLUSION

- **Goal**
 - Investigate the sustainability or "Greening" of hotels by incorporating green design and analyzing the corresponding cost.
 - Compare typical building materials and systems to their green alternative by:
 - Upfront Cost
 - Installation Cost
 - Life Cost




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Materials & Systems

PROJECT OVERVIEW
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 CONCLUSION

- Painted Gypsum Board
- Colored Clay Plaster
- Fiberglass Batting Insulation
- Blown Cellulose Insulation
- Ceramic Tile Flooring
- Polished Concrete
- Continuously powered A/C units
- Programmed Networked A/C units
- Typical Sanitary System
- Constructed Wetlands Greywater System



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Initial Survey

PROJECT OVERVIEW
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 CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS
 CONCLUSION

- **Purpose**
 - Gain an initial opinion regarding green technologies.
- **Results**
 - Greater understanding the LEED system than GREEN technologies.
 - No consistency between the participants as to which is better.
 - Green is most cost effective.

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Final Survey

PROJECT OVERVIEW
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 CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS
 CONCLUSION

- **Purpose**
 - Research overview
 - Determine effectiveness
- **Results of Material & System Comparison**
 - Painted Gypsum Board
 - Either Insulation
 - Polished Concrete
 - Programmed A/C Units
 - Greywater System

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Research Conclusion

PROJECT OVERVIEW

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CONCLUSION

- Most participants did not have a clear understanding of what costs are associated with each product.
- Green technologies are favored among industry members, and are regarded as cost effective.
- Overall, it shows that when presented with hard numbers in terms of cost and savings, the decision makers chose the environmentally friendly alternative.

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Conclusions



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Thesis Conclusions

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

System	Cost Savings	Additional Savings
Slab and Beam Filigree Structure	\$340,644.45	\$1,190,700.00 Added Revenue in 45 Nights
Delta Controls DNT-T103	\$98,790.94	\$96,231.56 kWh of Energy Annually (40%)
Constructed Wetlands Greywater	-\$88,268.72	757,375.00 Gallons of Water Annually (60%)
Grand Total Cost Savings	\$351,166.67	

- The Filigree slab and beam system is the recommended system based on structural design, cost, schedule, and constructability. Brings in approximately \$1,190,700.00 in revenue.
- The Delta Controls system using the DNT – T103 is the recommended system to reduce energy consumption.
- The constructed wetlands greywater system is recommended because Marriott is extremely focused on helping the environment and increasing aesthetic appeal of the building.

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Questions or Comments??



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Building Systems

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CONCLUSION



- **Lighting/Electrical**
 - 3000 amp @ 480/277 volt 3ø. 4W. Switchboard
 - 400 kw, 480 v back-up generator
- **Mechanical**
 - (1) 155 ton Chiller
 - (2) 1.53 mil BTU Boilers, for AHU's
 - (2) 1.43 mil BTU Shell and Tube Heat Exchangers
 - Chilled Water / Electric Heat FCU's in guestrooms

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Stud Rail Design

PROJECT OVERVIEW

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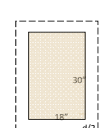
ANALYSIS 3: GREYWATER

CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

- No Existing Edge Beams
- Exterior Panels → In/30
- Interior Panels → In/33
- h = 10 in. d = 8.50 in.

- $P = 1.2D + 1.6L = 214$ psf
- Distributed Load = 3.745 kips
- Tributary Load at Column
 - $V_o = P * w * (1/2d + 1/2l) = 68.35$ kips



- Effective Width
 - $b_e = 130.00$ in.
- Shear Strength
 - $\phi = 0.75$
 - $\phi V_c = \phi * 4 * \sqrt{f'_c} * b_o * d = 234.41$ kips > 68.35 kips
- No Shear Stud Rails Required

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Constructed Wetlands Analysis

PROJECT OVERVIEW

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

- 20,750 gallons per 10 days
 - Half held in rock bed, Half in "biofilter" tanks
 - (8) 6,800 gallon tanks required
 - 2 sets of each: 3 "biofilter" tanks, 1 clarifier tank
- With 25% Safety Factor = 3,468 CF = 1,206 SF rock bed, 25' x 50'
- 6,800 gallon Sand Filter or Fountain Storage tank

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Final Survey

PROJECT OVERVIEW

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CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Technology	Material Up Front Cost	Installed Cost (labor)	Total Cost	Life Cost	Product Life (Yrs.)	Choose One
Colored Clay Plaster	0.21 \$/SF	7.85 \$/SF	8.06 \$/SF	0.11 \$/SF/yr	75	
Painted Gypsum Board	0.35 \$/SF	3 \$/SF	3.35 \$/SF	0.13 \$/SF/yr	25	
Blown Cellulose Insulation	1.45 \$/CF	1.52 \$/CF	2.97 \$/CF	0.10 \$/CF/yr	30	
Fiberglass Batting Insulation	0.75 \$/SF	0.27 \$/SF	0.97 \$/SF	0.06 \$/SF/yr	15	
Polished Concrete Floor	1.75 \$/SF	7.25 \$/SF	9 \$/SF	0.09 \$/SF/yr	Building Life	
Ceramic Tile Floor	8.44 \$/SF	3.26 \$/SF	11.75 \$/SF	0.23 \$/SF/yr	50	
Pre-Programmed A/C Units*	98 \$/Unit	\$50,000.00	\$68,522.00	\$62.55 \$/Unit	n/a	
Continuously Powered A/C Units	30 \$/Unit	\$32,230.00	\$37,900.00	200.53 \$/Unit	n/a	
Greywater System*	n/a	n/a	Add \$150,000	n/a	Building Life	
Normal Sanitary System	n/a	n/a	n/a	n/a	Building Life	

Building Life is assumed to be 100 years.
 Pre-Programmed A/C Units* Saves 696,241.5 kWh/Year = \$2,312.94 /Year
 Greywater System* Saves 355,656 Gallons of Water/Year = \$487.25 /Year

Julia Phillips
Senior Thesis 2008
Construction Management
RESIDENCE INN by MARRIOTT

Materials & Systems

PROJECT OVERVIEW

ANALYSIS 1: STRUCTURAL RE-DESIGN

ANALYSIS 2: CONTROLS

ANALYSIS 3: GREYWATER

CRITICAL INDUSTRY RESEARCH: "GREENING" OF HOTELS

CONCLUSION

Painted Gypsum Board	Colored Clay Plaster
<ul style="list-style-type: none"> □ Used for wall covering and acoustics □ Double layers between guestrooms and on North, West, and South façades. 	<ul style="list-style-type: none"> □ Flexible and workable □ Stained instead of paint □ Equivalent acoustics □ Derived from a Renewable Resource

Survey Results: Painted Gypsum Board

<ul style="list-style-type: none"> □ Ease Installation and Repair □ Lower upfront cost □ Easier to renovate 	<ul style="list-style-type: none"> □ Excellent Material BUT Difficult to Install and Repair Properly □ Higher upfront cost BUT longer product life □ Difficult to renovate
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Julia Phillips
Senior Thesis 2008
Construction Management
RESIDENCE INN by MARRIOTT

Materials & Systems

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Fiberglass Batting Insulation	Blown Cellulose Insulation
<ul style="list-style-type: none"> □ Specified widths = 6" □ In all walls for acoustics □ Noncombustible 	<ul style="list-style-type: none"> □ Any volume □ Inhibits air infiltration and good for acoustics □ Class A Fire Rating

Survey Results: Both

<ul style="list-style-type: none"> □ Easy Installation for Stud Cavities 	<ul style="list-style-type: none"> □ Equivalent Life Cost □ Better Thermal Performance
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Cellulose Vs Fiberglass
Best insulation cannot be fitted tightly

Julia Phillips
Senior Thesis 2008
Construction Management
RESIDENCE INN by MARRIOTT

Materials & Systems

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CONCLUSION

Ceramic Tile Flooring	Polished Concrete
<ul style="list-style-type: none"> □ Add Grout and Tile □ Higher Installation Cost □ Multiple Colors and Patterns 	<ul style="list-style-type: none"> □ Sand and Polish Existing Concrete Floor □ Can be Stained and Patterned

Survey Results: Polished Concrete

<ul style="list-style-type: none"> □ Long Life Cost □ Difficult to Repair need Skilled Labor □ Architectural Appeal 	<ul style="list-style-type: none"> □ Lower Upfront Cost □ Longer Product Life □ "Good Savings and a Durable Solution"
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Julia Phillips
Senior Thesis 2008
Construction Management
RESIDENCE INN by MARRIOTT

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CONCLUSION

Survey Results: Programmed Networked A/C units	Survey Results: Constructed Wetlands Greywater
<ul style="list-style-type: none"> □ Higher Upfront Cost justified by Energy Savings 	<ul style="list-style-type: none"> □ Water savings outweighed Upfront Cost □ Need Proper Design, Installation, and Maintenance

Julia Phillips
Senior Thesis 2008
Construction Management
RESIDENCE INN by MARRIOTT